



BAD FÜSSING

wirkt und wirkt und wirkt...



Fountain of health

Whether it is a cure/health vacation, wellness trip, or just a time-out – Bad Füssing is definitely worth a visit! Being an oasis of peace and well-being, Bad Füssing is the ideal place to thoroughly indulge oneself.



www.badfuessing.de

Bayern®



➔ *Bad Füssing – Fountain of health*

- ➔ 3 thermal springs, rising from a depth of 1,000 meters (spring temperature: 56°C)
- ➔ The notable amount of sulfide is what makes the curative water so precious
- ➔ Europe's most extensive thermal bathing landscape, with a water area of 12,000 m²
- ➔ More than 100 therapeutic and relaxation pools (28 to 42°C)
- ➔ Europe's most popular health spa – a vacation paradise, 365 days a year
- ➔ Meeting place for health and well-being with ideal medical and therapeutic care
- ➔ Superb prevention and wellness facilities
- ➔ A haven for cyclists and hikers
- ➔ A wide variety of cultural activities throughout the year
- ➔ An extensive range of sport and leisure facilities

Where the healing thermal waters of Bad Füssing work and go on working

Sulphur and fluoride-rich, sodium-hydrogen carbonate-chloride thermal baths, approved as curative water



Spring temperature: 56° C – rising from a depth of 1,000 meters
 Recommended bathing time per session: 20 minutes
 PH-value: 7.21



➔ *Bad Füssing's curative water – the original spring of well-being*

Water is the source of all life. It is not only the main component of the human body, but also ensures well-being, balance and relaxation. The curative power of Bad Füssing's thermal water has already been verified in 1953, by the Balneologic Institute at the University of Munich. 100,000 liters of the hot, sulphurous water – fresh and rich in active ingredients – rise from a depth of 1,000 meters and into our relaxation and treatment pools every hour. As soon as you plunge into Bad Füssing's waters, you will know: it is like a bath in life itself.

Rich in a special kind of sulfide, Bad Füssing's thermal water verifiably possesses an extraordinary curative power, which displays its effectiveness against a variety of disorders.

Healing elements of sparkling thermal springs provide your body with new energy. Pleasant warmth helps you relax and regenerate. Whoever dips into Bad Füssing's curative water, immediately feels the legendary effect of our healing springs. The special concentration of sulfide, as well as the ideal and neutral PH-value of 7.21, makes our healing water so valuable to our health. Rheumatic diseases, spinal disorders, metabolic disorders, paralysis, gynecological disorders or a general need for regeneration – our water and its curative powers flow through body, mind and soul and contribute to health and well-being.

Works and goes on working

Due to its unique composition, Bad Füssing's thermal water helps with various diseases and mobilizes the body's defenses.

Our water's consistence causes – along with other factors during a cure or health vacation – a complete changeover of the organism and therefore a restoration of the body's defenses.



➔ *Legendary healing waters: working in several ways*

Over 70 percent of our guests endorse the healing power

Bad Füssing's legendary thermal water, which rises from a depth of 1,000 meters at temperatures of up to 56° C, is the engine behind the spa town's success story. Hourly, 100,000 liters of hot sulfurous water – fresh and rich in active ingredients – flow into over 100 treatment and relaxation pools which together make up a body of 12,000 m² of water.

Due to its combination of active ingredients, which is unique throughout Europe, Bad Füssing's healing water is primarily used to treat diseases of the locomotor system.

Thousands of guests, along with many doctors, are convinced that this Sulphur-rich sodium-hydrogen carbonate and chloride spa is unmatched in its efficiency against many of today's health problems, especially:

- ➔ **Rheumatic diseases**
- ➔ **Arthrosis and joint disorders**
- ➔ **spinal disorders**
- ➔ **Chronic pain**

Furthermore, a recently published study by the Bavarian State Office for Health showed that thermal baths alleviate everyday stress. Therefore, a time-out in Bad Füssing can help prevent burnout.





➡ *Therme 1* ➡ *Europa Therme* ➡ *Johannesbad Therme*

Plunge into the warm springs

➡ **Therme 1 (www.therme1.de)**

The legendary classic with 12 thermal pools, 2 steam grottos, the wellness area „Sinnenreich“ („realm of senses“) and direct access to the spectacular Saunahof (sauna courtyard). The different thermal baths are constantly supplied with natural thermal-mineral water with temperatures from 29° C to 42° C.



➡ **Europa Therme (www.europatherme.de)**

A bathing landscape of 3,000 m², 19 pools, numerous jacuzzi loungers, soothing massage jets for neck and shoulders and an attraction pool are what makes the Europa Therme a thermal and relaxation center of the highest quality. Among its special features is a flowing stream with a length of 120 meters, a spacious sauna and wellness area as well as the AeroSalzum.



➡ **Johannesbad (www.johannesbad-therme.de)**

Bathe and relax in one of Europe's largest spas – with 4,500 m² of water, 13 pools (27° C to 39° C), a state-approved medical spring, 800 m² of sauna facilities, a specialist clinic, an unique medical wellness and fitness center named „Jovitalis“, which is 2,000 m² in size and offers opportunities for exercise, sport, preventative treatment, relaxation, performance diagnostics, beauty care and physiotherapy.





➔ *Health, vacation & cure – 365 days a year*

Activity holiday, wellness and relaxation during the most valuable weeks of the year

In Bad Füssing – on the Bavarian-Austrian border close to Passau, the city of three rivers – spa guests can indulge their body and mind as well as actively contribute to their health care. In addition to the legendary healing waters and optimal medical and therapeutic care, visitors will find a huge entertainment program, health-enhancing activities, a marvelous natural landscape as well as arts and culture, all of which embellish a stay in Bad Füssing.

➔ **Health care expertise**

More than 40 doctors and over 120 therapists will advise you on every aspect of your health in Bad Füssing.

➔ **A variety of leisure activities**

460 km of cycling and hiking trails (on flat, joint-friendly terrain), an 18-hole golf course, a Nordic walking center (22 different routes with over 170 km in total), tennis, mini golf, Bavarian Curling, and horse riding.

➔ **Great entertainment program**

From the classical to the modern, all at attractive prices – theatre, open-air concerts, musicals, operettas, traditional events, concerts, dances, excursions to Passau or Austria and much more.

➔ **Pure pleasure**

Well-tended restaurants or typical Bavarian cordiality, dance cafés and the elegant ambience of the casino.





➔ *Your perfect well-being is our goal*

Comfort hotels, pensions, holiday apartments, private accommodations and camping grounds

Bad Füssing has more than 14,000 guest beds in about 400 lodging establishments of different categories: from a four-star-superior hotel over hotels, inns, pensions, private accommodations and apartments, through to a five-star camping ground – this guarantees vacation joys for all standards.

24 hotels offer thermal baths within their structures. These thermal baths are always supplied with natural thermal-mineral-water fresh from the original source (Therme 1).

➔ **PassauCard all-inclusive**

This is the door opener to 100 attractions in and around Passau. The PassauCard is an adventure ticket of a special kind – at a bargain price (www.passaucard.de).

➔ **All-in-one ticket**


This ticket enables you to experience Bad Füssing's incredible spa world with admittance to all three spas:

Therme 1 – Europa Therme – Johannesbad

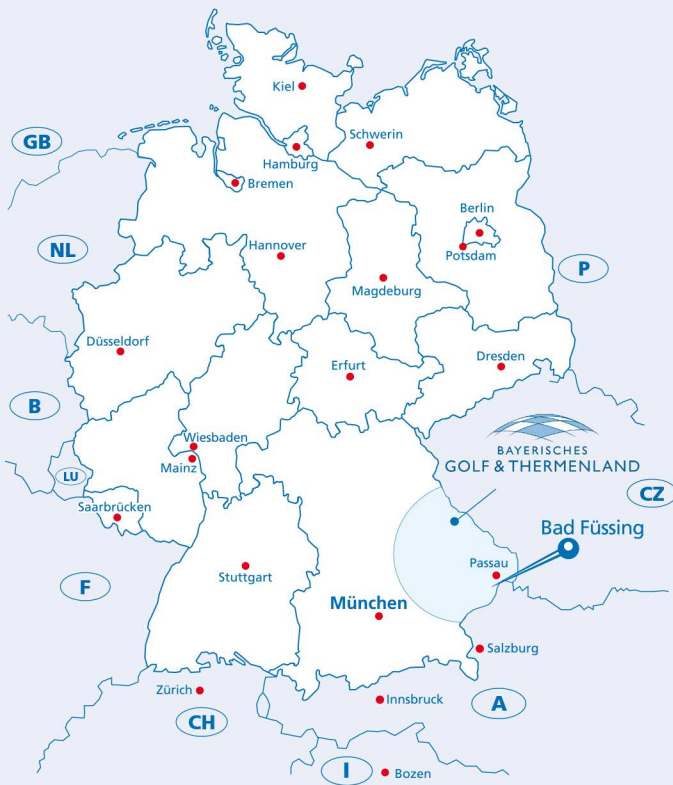
10 baths at a package price

Experience and enjoy a stay at the thermal spring of your choice.

Further information: www.bad-fuessing.de/online-shop

 Information, tips, suggestions, ... everything surrounding Europe's most popular spa can be found on our facebook page – best become a FAN right away!
www.facebook.com/BadFuessing.Tourismus





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You can always find the latest news surrounding
 Bad Füssing on our website www.badfuessing.de.

Bad Füssing

The main travel connections
 to Europe's most popular spa

Easy-to-reach by road, rail and air

- 
by motorway:
 A3 Nuremberg – Regensburg – Passau –
 Pocking – Bad Füssing exit –
 11 km to the village centre.
- 
by main road:
 B 12 Munich – Passau, Tutting exit –
 5 km to Bad Füssing
- 
by coach or rail:
 See Deutsche Bahn's timetable at
www.bahn.de
 Further information and ticket reservations:
 DB sales office in Bad Füssing,
 Kurallee 15, Tel. +49 (0) 8531/21908,
 Fax +49 (0) 08531 27219
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by air:
 Airports:
 Munich (150 km)
 Salzburg (102 km)
 Linz (105 km)
 Local taxi companies run a shuttle service
 to Bad Füssing. Check out the budget
 airlines serving the above airports.
 Further information obtainable from your
 travel agent or on the internet.

